

CARB BLOCKER



A dietary supplement to inhibit carbohydrate absorption.*

Carb Blocker is a unique combination of Phase 2® brand carb neutralizer, *Gymnema sylvestre* and Chromemate® brand chromium. Together these three active ingredients work to support healthy and effective weight management by promoting fat burning, maintaining normal blood glucose levels and neutralizing the calories from complex carbohydrates.*

This formula has been designed to support weight loss and weight management by inhibiting the absorption of carbohydrates, reducing cravings for sugar and supporting glucose metabolism and insulin efficiency.*

Phase 2® brand carb controller is a natural extract from the white kidney bean (*Phaseolus vulgaris*). Phase 2® binds the enzyme alpha-amylase, an enzyme that is necessary for the body to break down starch.* Because Phase 2® targets this specific enzyme it only works on carbohydrates.* Fats, proteins, vitamins, minerals and other nutrients from foods are still absorbed and utilized normally.* Phase 2® does not enter the bloodstream, it stays in the digestive tract and blocks the absorption of carbohydrates (from starch) and causes them and the excess carbohydrate calories to be excreted and not digested.*

Gymnema sylvestre and Chromemate® support appetite control and reduction of sugar cravings by maintaining blood sugar levels within normal ranges and supporting proper insulin utilization.* Proper regulation of insulin also helps the body to stay focused on burning fat.* Chromemate® brand chromium is the niacin brand chromium complex, which is the active glucose tolerance factor responsible for efficient insulin action.*

Carbohydrates are needed by the body for energy. Current research recommends a carbohydrate intake of approximately 130 grams per day for weight reduction.* **Carb Blocker** is ideal for those whose carbohydrate intake is higher than that.* Excessive carbohydrate intake in the form of empty calories will be stored in the body as fat.* Learning to manage carbohydrate intake is a key to successful weight loss.*

One capsule of **Carb Blocker** blocks up to 100 grams (400 calories) of starch.*

Carb Blocker is a supplement that can be used strategically to support weight management.*

Carb Blocker is vegetarian.

Supplement Facts

Serving Size: 1 Capsule 90 Vegetarian / Gluten Free Capsules

Amount Per Serving

Chromium (as Chromium Polynicotinate)†	100 mcg
<i>Phaseolus vulgaris</i> (white kidney bean, Phase 2® brand) Extract**	500 mg
<i>Gymnema sylvestre</i> (leaf)	100 mg

†ChromeMate® brand niacin-bound chromium.

**Phase 2® is used under license.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant, lactating, diabetic, or hypoglycemic consult your physician before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule with water, before any meal containing carbohydrates from starch, or as directed by your healthcare practitioner.

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CHROME MATE®

Phase 2
STARCH NEUTRALIZER

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.