



# DIM<sup>®</sup>



## A dietary supplement to support hormonal balance and weight management in both men and women.\*

Supplemental use of DIM<sup>®</sup> supports your estrogen management system that will help you to achieve your health and fitness goals, whether you are a man or woman, young or old, athlete, body builder or a dieter.\*

DIM<sup>®</sup> is a proprietary blend of Diindolylmethane (DIM<sup>®</sup>), Vitamin E and Phosphatidylcholine in a highly bioavailable, patented form that reduces the health risks associated with estrogen dominance and slow estrogen metabolism in both men and women by helping to maintain proper hormone balance.\*

DIM<sup>®</sup> is a plant compound that promotes estrogen metabolism causing a beneficial shift in the balance of estrogen, testosterone and progesterone in both men and women.\* A healthy balance between estrogen, testosterone and progesterone supports skin, prostate, ovarian, breast, skeletal, joint and cardiovascular health, lean body mass, efficient fat burning, better physical conditioning, improved mood and memory, increased libido, and by supporting healthy aging.\*

DIM<sup>®</sup> supports those taking HRT because it helps the body balance estrogen by modulating the activity of enzymes.\* These enzymes support the metabolism of estrogen.\*

In women, estrogen is the dominant hormone. Healthy metabolism of estrogen lowers the health risks and side-effects associated with unopposed estrogen or estrogen dominance. In men, testosterone is the dominant hormone while estrogen is found in small amounts. Increased estrogen and inadequate estrogen metabolism contributes to male hormonal imbalance. Supporting estrogen metabolism with DIM<sup>®</sup> may help restore the testosterone-to-estrogen ratio.\*

DIM<sup>®</sup> can be used with other supplements to support metabolism and hormone balance.\* It is considered safe to use in conjunction with synthetic hormone replacement therapies.\*

### Supplement Facts

<b>Serving Size: 1 Capsule</b>	<b>120 Vegetarian / Gluten Free Capsules</b>
<b>Amount Per Serving</b>	
DIM <sup>®</sup>	75 mg
(a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica)	

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

**Warning:** If pregnant, nursing, or planning to become pregnant, do not take this product.

### Suggested Use:

As a dietary supplement, take 1 capsule with food, 1 to 2 times daily, or as directed by your healthcare practitioner.

DIM<sup>®</sup> is a Registered trademark of, and is licensed from, BioResponse, LLC, Boulder CO.

**Distributed by**  
AnazaoHealth Las Vegas Pharmacy  
7465 W. Sunset Road, Ste. 1200  
Las Vegas, NV 89113  
800.995.4363 • zao.anazaohealth.com



02TF729.120

AnazaoHealth<sup>®</sup>, Zao<sup>®</sup>, and the compass are registered trademarks of AnazaoHealth Corporation, © 2019.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2019. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.